

## The 19th M-Wave Speed Skating Competition

Day 3

Saturday 13 Feb.2021

as of 12 Feb. 2021

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
<i>Ice training (for MW)</i>				1 x 30'00	30'00		7:10	7:40
<i>Ice preparation</i>						25'00	7:40	8:05
<i>Warm up (for MW)</i>				1 x 30'00	30'00		8:05	8:35
<i>Ice preparation</i>						25'00	8:35	9:00
<i>Ladies</i>	<i>MW</i>	<i>500m</i>	53	17 p x 01'45	30'00		9:00	9:30
<i>Ice preparation (race lanes)</i>						15'00	9:30	9:45
<i>Ladies</i>	<i>MW</i>	<i>500m</i>		10 p x 01'45	18'00		9:45	10:03
<i>Change system</i>						05'00	10:03	10:08
<i>Men</i>	<i>MW</i>	<i>500m</i>	78	7 p x 01'45	12'00		10:08	10:20
<i>Ice preparation (race lanes)</i>		<i>(Flower giving - L500m)</i>				15'00	10:20	10:35
<i>Men</i>	<i>MW</i>	<i>500m</i>		16 p x 01'45	28'00		10:35	11:03
<i>Ice preparation (race lanes)</i>						15'00	11:03	11:18
<i>Men</i>	<i>MW</i>	<i>500m</i>		16 p x 01'45	28'00		11:18	11:46
		<i>(Flower giving - M500m)</i>						
SCHEDULE WITH ALL RESERVED								